

Blessed Month of Ramadhan

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Ramadhan is the most Blessed month of the year. It is the month when the believers await with eagerness. At the beginning of Rajab (two full months before Ramadhan) the Prophet Muhammad, (Sall-Allahu alayhi wa sallam), used to supplicate thus: "O Allah! Bless us in Rajab and Sha'ban, and let us reach Ramadhan (in good health and piety)."

During Ramadhan the believers get busy seeking Allah's mercy, forgiveness, and protection from Hellfire. This is the month for renewing our commitment and re-establishing our relationship with our Creator. It is the spring season for goodness and virtues when righteousness blossoms throughout the Muslim communities.

"If we combine all the blessings of the other eleven months, they would not add up to the blessings of Ramadhan," said

the great scholar and reformer Shaikh Ahmed Farooqi (Mujaddad Alif Thani). It offers every Muslim an opportunity to strengthen his Imaan, purify his heart and soul, and to remove the evil effects of the sins committed.

"Anyone who fasts during this month with purity of belief and with expectation of a good reward (from his Creator), will have his previous sins forgiven,"

"Anyone who stands in prayers during its nights with purity of belief and expectation of a reward, will have his previous sins forgiven." said Prophet Muhammad, (Sall-Allahu alayhi wa sallam).

Furthermore, in the traditions of the Prophet (saw) we are told, that good deeds are multiplied manifold during Ramadhan.

May Allah Almighty grant us all a blessed Ramadhan (Ameen)

Remedy of the Month

RAMADHAN A TIME FOR REVIVAL OR SURVIVAL?

CHECKLIST OF RAMADHAN

1. Make a resolve to win the maximum favour of Allah. Perform extra nawafil prayers, Make frequent Dua and Increase Dhikr.
2. Try to recite the Holy Qur'aan. If we read 3-4 pages after every Salah we can easily finish the entire Qur'aan in Ramadan! Study the Quranic tafseer (commentary) with learned scholars.
3. Invite a person to your home for Iftar, at least once a week. You will notice the blessings in your house and in your relationships.
4. Bring life to your family. Try to end the fast with your family and spend some quality time together to understand each other better.
5. Commit yourself to an Islamic study circle, to enhance your Islamic knowledge and practices. Plan to complete reading a book on Prophet Muhammad's pbuh life in

these 30 days.

6. Donate generously to the Masaajid, Islamic organizations, and anywhere where people are in need. "This is a month of sharing!"
7. Share Ramadan and its teachings of love and patience with your friends and family.
8. Seek the rewards of "the night which is better than a thousand months" (laylatul qadr) in the last ten nights of Ramadan.
9. Weep in privacy, for the forgiveness of our sins. It is a month of forgiveness and Allah's mercy. IT'S NEVER TOO LATE.
10. Learn to control the tongue and lower our gaze. Remember the Prophet's warning that lying, backbiting, and a lustful gaze all violate the fast. Abandon foul language forever.
11. Encourage others to enjoin and love goodness, and to abandon everything evil. Play the role of a Da'ee (one who invites to

Allah) with passion and sympathy.

12. Experience the joy of Tahajjud prayers late at night and devote yourself purely and fully to Allah in the Itikaf retreat during the last 10 days of Ramadan. MAY ALLAH GRANT US ALL A BLESSED RAMADHAN.AMEEN.

Believing Women

Ramadhan Special

SATURDAY

7th, 14th & 21st Oct 06
4pm to 5pm

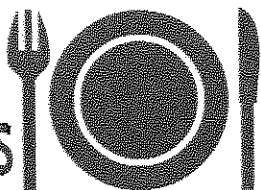
Fasting • Taraweeh • Zakaah • Sadaqah
Itikaaf • Virtues of Quran • Qiyamul-Layl

You will learn all you need to know about Ramadhan.

For more information please contact sister 07780 707 729

Venue:

Family Darnley Centre, 175 Darnley St, Pollokshields, G41



Prophet (saw) favourite foods

There is one ingredient that we all use in our daily cooking and we don't think that this ingredient was eaten regularly by our Prophet Muhammad (S.A.W.), And that is cooked onions. Our beloved Prophet Muhammad (S.A.W) used to eat cooked onions all the time. It has reported in a Hadith by Hadhrrat Aisha R.A. that the last meal that our Prophet (S.A.W.) had before he passed away was cooked onions. (Mishkat)

Our Prophet (S.A.W.) always refrained from eating raw onions, especially before going to the mosque for prayers, because raw onions causes a bad smell in our mouths. It has been reported that our Prophet (S.A.W.) used to eat the onions in curries and if there was no curry then the onions would be cooked in oil and he would eat that.

Onion & Scrambled eggs

Ingredients:

- 2 Medium Onions
- 1 Fresh Tomato
- 3 Eggs • ½ tsp Salt
- ½ tsp Chilli Powder
- ½ tsp Turmeric
- ½ tsp Crushed Cumin Seeds
- 3 tblsp Oil
- Handful Chopped Coriander

Method:

In a frying pan heat the oil and put chopped onions and cook till they become soft. The onions should not go brown. Add the chopped tomato, salt, chilli, turmeric and cumin seeds. Cook on a medium gas for 5-7 minutes. Add the eggs and mix thoroughly until eggs are fully cooked. Sprinkle the coriander and serve in a baguette or on toast. Ideal for a Sunday brunch.

PIOUS WOMAN

Hadhrrat Aisha (R.A)

Out of all the wives of the Prophet Muhammad (S.A.W), Hadhrrat Aisha (R.A.) had the distinction of not having married anyone before the Prophet (S.A.W). In the 10th year of Prophethood, Hadhrrat Abu Bakr gave her hand in marriage to the Holy prophet (S.A.W). The dower money was fixed at 500 dirhams. The wedding ceremony took place in the month of Shawwal and consummation also took place in the same month.

Hadhrrat Aisha was a scholar of great eminence. She was superior in knowledge not only to the other wives of the Holy Prophet (S.A.W) and leading women companions, but even to most of the male companions. Urwah bin Zubair said "I never saw a scholar superior to Hadhrrat Aisha in teachings about the Holy Qur'aan, injunctions, legality and illegality of things, poetry, medicine, history of ancient Arabia,

and pedigree. Imam Zohri summed up his estimate in the following words "If the knowledge of all male scholars was collectively assessed, the knowledge of Hadhrrat Aisha was far more than theirs.

Hadhrrat Aisha reports; I once asked the Prophet of Allah; "O Messenger of Allah (S.A.W), Should I find myself the laylatul Qadr, what shall I pray?" The Prophet (S.A.W) replied; say ,

"O Allah, thou art the one who grants pardon for sins. Thou lovest to pardon, so pardon me."

During the month of Ramadhan the women companions were eager to perform the ritual of itekaaf. Hazrat Aisha pitched her separate tent for this purpose. On seeing this, all the respected wives of the Holy Prophet (S.A.W) got separate tents fixed.

Hazrat Aisha died in the month of Ramadhan 58 A.H at the age of 67, and buried at Jannat-ul-Baqie at night.

AQAAID Beliefs

The Five Pillars of Islam

In Islam, faith and good works go hand-in-hand. A mere verbal declaration of faith is not enough, for belief in Allah makes obedience to Him a duty. Only when your practice is consistent with your profession will you be a true Muslim. Faith in Allah will be your strength, and the Qur'an your guide.

The concept of worship is very broad. Everything must be done according to Allah's will, an act of worship. Speaking the truth, refraining from gossip, dealing honestly in commercial affairs, treating one's parents with respect and honour, helping the poor and needy, dealing lovingly and fairly with family members - whatever is done for the sake of Allah is called worship.

There are also five formal acts of worship which help strengthen a Muslim's faith and obedience. They are often called the "Five Pillars of Islam."

Testimony of Faith (Kalima)

This is simply the declaration, "I bear witness that there is no deity but Allah, and I bear witness that Muhammad is His servant and messenger." As mentioned previously, all of Islam is based on faith in the Unity of God. When one declares this statement, one testifies to the Unity of Allah, and to the message of the Prophethood. When one bears witness that Muhammad is His messenger, one is confirming that all of the Prophets before him were also His messengers - Allah is One and His message is one. A person becomes a Muslim when he or she declares this statement with purity of heart and conviction of faith.

FIQH

Islamic Jurisprudence

SAUM (FASTING)

Fasting in the month of Ramadhan is one of the five pillars of Islam, and to fast in this beautiful month is compulsory upon every male and female who has reached the age of puberty.

Fasting has many physical, moral and social benefits. However, Allah has made fasting compulsory so that we become pious, God fearing and God conscious.

Fasting in Ramadhan means to stay away from eating, drinking and sexual intercourse, from the early hours of the morning, when the sun rises to sunset, with the intention of fasting.

To make an intention for fasting is necessary. If a person refrains from eating, drinking and sexual intercourse for the whole day without an intention, the fast will not be valid. However it is not necessary to express the intention verbally as Niyat (intention). Thus, the intention from the heart will suffice. However, it is better to express your intention verbally by reciting the dua.

MUSTAHAB ACTS IN FASTING

1. To partake of Sehri. (The meal before Fajar)
2. To delay Sehri up to a little before it's ending time.

3. To break the fast immediately after sunset.
4. To break one's fast with dry or fresh Dates, if available. If not then with Water.
5. To make intention at night.

THINGS THAT BREAK ONES FAST

- 1- To eat, drink or to fulfill one's desires intentionally.
- 2- Water goes down the throat whilst gargling, whilst he is conscious of ones fast.
- 3- To vomit mouthful intentionally or to return vomit down the throat.
- 4- Swallowing intentionally a piece of paper or any other item that is not used as food or medicine.
- 5- Putting oil into the ears.
- 6- Inhaling snuff (tobacco or medicine) into the nostrils, which reaches the mind or stomach.
- 7- Swallowing the blood from the gums if it is more than the saliva when mixed.
- 8- To eat and drink forgetting that one is fasting and assuming that the fast is broken, to eat and drink purposefully again
- 9- To eat or drink after sunrise or to break the fast before sunset due to a cloudy sky or a faulty watch, etc. and then realizing ones mistake.

THINGS THAT DO NOT BREAK THE FAST

- 1- To eat or drink something unintentionally.

ISLAMIC NAMES

BOYS NAMES:

- Jaabir - Schedule, Name of Famous Sahaabi
- Jaudaan - Goodness, Name of a Sahabi
- Jibran - Reward
- Jibril - Name of an angel of Allah
- Junayd - Fighter, warrior

GIRLS NAMES:

- Jalilah - Glorious, Dignified
- Jamilah - Beautiful, graceful
- Janaan - Heart, soul
- Jumaanah - Silver pearl
- Juwairiyah - Small Girl, Name of wife of Prophet Muhammed S.A.W.

- 2- To eat the food that has been left between the teeth (Smaller than a grain of gram)
- 3- Water entering the ears.
- 4- Taking an injection.
- 5- Applying of Surma (Kohl) into the eyes.
- 6- Rubbing oil onto the body or hair.
- 7- To vomit unintentionally.
- 8- Applying perfume or Itr.
- 9- Brushing the teeth without tooth paste or powder, e.g. using a Miswaak etc.

THE PROPHETS WAY OF HEALING

The Prophet (S.A.W.) has said, "There are two blessings which many people lose - good health and free time ." (Bukhari)

Good Health and Free Time are a great blessing and opportunity from Allah, to gain reward by performing good deeds. Many times we do not appreciate good health, until sickness befalls us. Indeed one who has been inflicted with some type of disease or sickness will remember the days of his good health and will wish how he had appreciated those days and how he could have worshipped Allah more then. And likewise with Free Time, he will wish he would have utilised his Free Time well.

The Messenger of Allah (S.A.W) has

greatly stressed on the importance of good health for a believer. Health is a physical condition in which all the functions of the body work in harmony and are healthy. Being restored to good health after illness is the best gift from Allah to man. It is impossible to act rightly and pay proper attention to the obedience of Allah except when health is present. A believer should give thanks to Allah for his good health and never be ungrateful. Health is a blessing from Allah that one will be questioned about. It has been narrated that the Prophet (S.A.W) has said, "The first question that is put to the worshipper on the Day of Rising about the pleasures of this world is 'Did I not give you a healthy body?' (Tirmidhi)

The Prophet (S.A.W) has also said in another Hadeeth: "Realise the value of five items before the loss of five other items 1.The value of youth before old age. 2.The value of health before illness 3.The value of wealth before poverty 4.The value of Leisure and free time before occupation/engagement 5.The value of your life before your death. (Bukhari)

Sickness and Good Health are all from Allah, but we have been encouraged to look after our bodies and look for cures. The Messenger of Allah (saw) has also told us of the medicinal properties of certain foods and many methods of healing and curing diseases, which we will discuss in the next issues, Inshallah.

(to be continued in the next edition)

Poems

The miracle, the Quran

So sisters, to increase your iman

Read the miracle, read the Quran
Here's a fact for the ones who are
Keeper

92 surahs revealed in Mecca, 22 in
Medinah

Read it every day and to read it be
proud

The word Quran means to read it
aloud

Read the book from the Lord of the
worlds

Over 6,000 verses and 77,000 words

Read with respect, no disturbance, no
laughters

from Al Fatihah to An Naas, all 114
chapters

And in it 14 times you need to
prostrate

And say Allah ho Akbar, meaning Allah
is great

In this book, 25 prophets are
mentioned by name

Who came at different times but
their message was the same

This miracle was revealed over a 23
year span

Sent from Allah (swt), to an angel and
then to a man

That man was Muhammed (saws), the
best of creation

And we are proud to be part of his
nation

He gave us a message and that was
Islam

So read this miracle, read the Quran

Upbringing of Children

Alhumdolillah, we have entered the month of Ramadhan by the Grace of Almighty Allah, and we pray to him to enable us and our children to utilize this month in the best manner possible. Ameen.

BUT The Question will arise? How do we motivate and educate our children to realize the importance of this month and become a more practicing Muslim?

The Answer is to be honest, there is no exact Answer. The methods we use to discipline and educate our children will vary according to the child's age, attitude, temperament, character and family environment. I can't inform you of a method with a 100% guarantee to change your child, but what I can do is present the criteria laid down by Islam, which I hope if you follow will not let you down. Inshallah.

Firstly, what we need to remember is that; Children are born innocent, free from sin and on the religion of Islam. (As has been verified in the Ahaadeeth).

Their characters are moulded by the environment they grow up in. What ever they hear, see or are made inclined to, they will absorb and it will affect them at some point of their lives.

If a child is born in a practicing family they will naturally show interest in namaz, reading qur'aan and other Islamic duties, from a very young age. Not to forget if they are no longer encouraged once they grow older, they will lose interest.

However, sadly not all Muslim children are born in practicing God fearing families and if your children have already hit their teenage life, then you will need to tackle this issue from a different angle. Hitting or screaming or throwing a teenager out of the house will not solve the problem. Ignoring them, thinking that it's their business, they can do what ever they like and it's not my problem, is not going to help either.

I'm afraid this attitude will not only take the child, but also the parents towards the hellfire.

Allah (S.W.T) say's in the Qur'an,

'O ye who believe' 'Save yourselves and your families from a fire whose fuel is men and stone'. (At Tahreem)

In this verse the obligation of not only educating yourself, but also educating your children can be understood. The simple and most effective way to educate your child is to become Role Models for them and to create an Islamic family environment; this will without doubt benefit them the most. Try it!

One of the Sahaba who was present in the Prophet (S.A.W) gathering asked the Prophet (S.A.W) "O Prophet of Allah (S.A.W) from this verse we can understand we must save ourselves from the hellfire but how do we save our children?" The Prophet (S.A.W) replied: "You will save yourselves from the hell fire by acting upon the pillars of Islam, and refraining from all things Allah has forbidden, and you will save your children by educating them in the same manner."

From this we can understand that a parent's duty is not just to clothe and feed his child but also to teach them the religion of Islam, as this was our purpose of creation.

We all love our children, but we should not let that make us blind to their faults. If we really loved our children sincerely we would not want them to fall in the fire of hell whose heat will be 70 times hotter than the fire in this world. Think about it! Will we be able to bear watching our children in so much pain and anguish; if not then we need to act now.

We are just getting right into the topic and it's time to pen off,

I hope you enjoyed reading this edition and will continue to look out for the next issues.

(to be continued)

HADEETH

WHEN A MAN TELLS YOU
SOMETHING IN CONFIDENCE,
YOU MUST NOT
BETRAY HIS TRUST.

(HADEETH OF ABU DAWUD
ON THE AUTHORITY OF
JABIR IBN ABDULLAH)