

BELIEVING

WOMEN

GLASGOW'S QUALIFIED FEMALE SCHOLARS (UK GRADUATES)

MARCH 2007 — SAFAR 1428

ROLE OF WOMEN IN SOCIETY AND PRACTICAL LIFE

13

THE MONTH OF SAFAR

Safar is the second month of the Islamic calendar. The month of *Safar* comes after *Muharram*, the first month of the Islamic calendar. Literal meaning of *Safar* is *empty*. Many Muslims, with improper knowledge of Islam, have superstitions about this month being a month of misfortunes.

The Messenger of Allah, Muhammad (PBUH) also condemned such misconceptions with regards to Safar in the following *Ahadith*.

There is no superstitious owl, bird, no star-promising rain, no bad omen in the month of Safar.
(Muslim, Bukhari)

There is no bad omen in the month of Safar and no evil spirits.
(Muslim)

The above mentioned *Ahadith*

clearly refutes all incorrect beliefs and superstitions regarding the month of *Safar*, which were dominant in the days of *Jahiliyya* (*Pre Islamic Ignorance*).

Though Islam is free from all superstitions, some Muslims still hold many incorrect beliefs about the month of *Safar*.

1. A Marriage performed in the month of Safar would not be successful. They should know that 'Ali Ibn Abu Talib married Fatimah R.A., the youngest daughter of the Messenger of Allah, Muhammad (pbuh). In the month of *Safar* of the year 2AH (After Hijra).

2. Many Muslims still believe that the month of *Safar* is full of misfortune and calamities. They should remember that all months and days are made by Allah and

are the same.

Muslims must shun all superstitious beliefs regarding the month of *Safar*. They must understand that misfortune will only overtake those who disobey Allah and His last Messenger, Muhammad (pbuh).

We must continuously keep reminding ourselves that anything good or bad, favourable, or unfavourable comes from Allah.

Believing women Islamic Tarbiyyah & Educational Classes

Every Friday

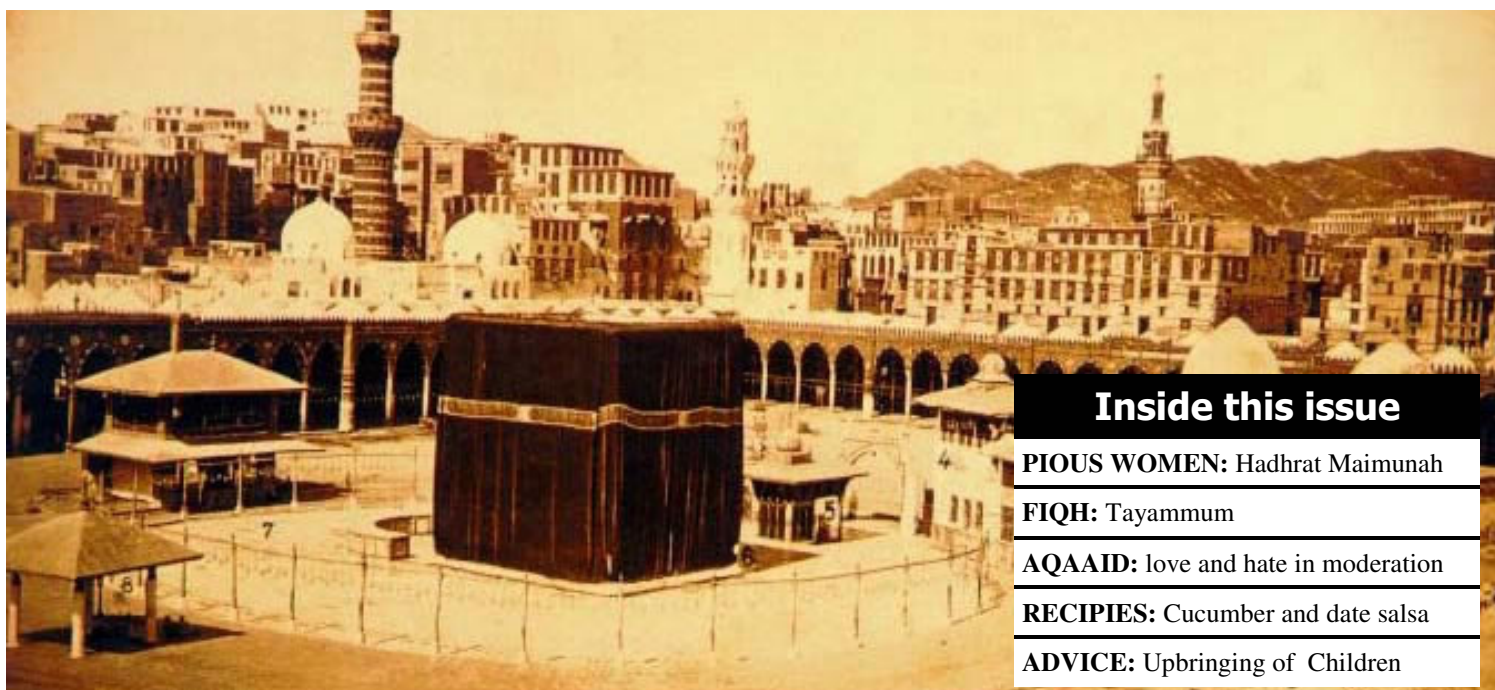
7:30pm to 9pm

Darnley Family Centre

175 Darnley Street

Pollokshields, Glasgow, G41 2SY

Contact: 07780 707 729



Inside this issue

PIOUS WOMEN: Hadhrat Maimunah

FIQH: Tayammum

AQAAID: love and hate in moderation

RECIPIES: Cucumber and date salsa

ADVICE: Upbringing of Children

CUCUMBER & DATES SALSA



Ingredients:

- 1 Cucumber
- 2 Tomatoes
- 7-8 Fresh Dates
- Handful Coriander
- 1 Pomegranate
- ½ Green Pepper
- ½ tsp Salt
- ½ tsp Black Pepper
- 2 tsp Vinegar
- 1 tsp Tomato Ketchup
- 1 tsp Chilli Flakes

METHOD

Chop the cucumber, dates, tomatoes and green pepper and mix into a bowl. Add the pomegranate and coriander. In a separate bowl mix the tomato ketchup, salt, black pepper, vinegar and chilli flakes. Pour over the mixture and mix well. Serve on the side of a tortilla wrap or with savouries.

PROPHET (PBUH) FAVOURITE FOODS

Hazrat Abdullah Ibn Jafar (RA) reports that the holy Prophet (pbuh) used to eat cucumber with dates. (Shamaile Tirmizi)

Cucumber is cold in effect and date is hot. By eating both together they become temperate. It is also known from this hadith that the nature and effect of the eatables should also be considered. Cucumber is insipid and date is sweet. So when eaten together the cucumber becomes sweet.

HADITH QUSDI:

"O My servants, all of you go astray except the one whom I guide. Ask guidance of Me, and I shall guide you."

PIOUS WOMEN

Hazrat Maimunah (R.A.) was the last of all the wives to get married to the Holy Prophet (pbuh). The marriage took place in the Zil Qa'dah in 7 A.H at Sarf. Sarf is at a distance of 10 miles from Makkah on the road to Madinah.

Hazrat Maimunah (R.A.) has narrated as many as 46 Ahadith. From her narrations we learn that she had a very deep understanding in Islamic jurisprudence.

Once an ill woman made a promise that if she was cured she would offer thanks giving prayers in the mosque of Baitul Maqdas. As she was preparing to leave for Jerusalem, Hazrat Maimunah (R.A.) corrected her and advised her to say her prayers in the mosque of our Prophet (pbuh) where the reward was one thousand times higher than other mosques.

Once Hazrat Ibn-e-Abbas was seen with disheveled hair, Hazrat Maimunah (R.A.) asked him "My son! Why is your hair wild?" He replied "Umme Ammar (R.A.)

used to comb my hair but she is having her monthly course. Hazrat Maimunah (R.A.) advised "Well, there should be no bar in her combing your hair. When we were in this situation, the Holy Prophet (pbuh) used to place his head for combing in my lap and during this time he would also recite the verses of the Qur'an.

Hazrat Aisha (R.A.) is known to have praised the character of Hazrat Maimunah (R.A.) by saying that "Maimunah feared God very much. She was the most pious and the most mindful of her kith and kin among the prophet's wives."

Hazrat Maimunah (R.A.) would be seen either engaged in salah or in domestic work. When she was doing neither, she would be busy in doing miswaak.

Hazrat Maimunah (R.A.) passed away at the age of 80 or 81 in the year 51 A.H. She was the last of the wives of the Prophet (pbuh) to pass away.

LOVE & HATE IN MODERATION

"Love moderately, for the person you love today may be the one you hate in future; and hate moderately, for the person you hate today may be your loved one in future." (Bukhari)

This is very sound advice because when feelings of love and hate are too strong, they blur a person's vision and he or she is unable to put things in their proper perspective. When we love, we tend to overlook the faults of the person we love. Such an attitude will always lead to problems because it expects perfection where it is not possible.

If this happens over something of importance, then it could lead to love giving way to hate. The stronger our love used to be, the greater our disappointment and the more likely that it would be

replaced by hate that could again be too strong. Therefore, the first part of the advice contained in this Hadith is absolutely correct: "Love moderately, for the person you love today may be the one you hate in future."

The same thing can be said in reverse. If we hate someone for misdeeds, unacceptable conduct or some other cause, our hate should be tampered with reason. If it is exaggerated, it will blind us to that person's positive points. To ignore such good points and think only of the hate we feel toward such a person is wrong. On the other hand, some people whom we may not like may prove us wrong and allow their good side to prevail in their dealings with us. This puts us in bad light, because we will be ignoring what is universally approved as good.

FIQH Tayammum

In the last article we gave an introduction on Tayammum and how to perform it. In this month's article we will talk about Tayammum in a bit more depth. We highlight important points that need to be noted and taken into consideration before making Tayammum in order for Tayammum to be valid.

What can I perform Tayammum with? Will probably be the first question.

So the answer to that would be, you are allowed to make Tayammum with the following objects:

- Clean earth
- Sand
- Plain clay pots (not painted)
- Stone (even if its been washed and dried)
- Clean dust
- Burnt brick

In other words with anything possessing earthen qualities and that which will not burn to ashes if put in fire.

Tayammum is not permissible with such things, as cloth, gold, silver, wheat, wood, ash etc. but if any of these objects happen to be covered

in sufficient dust, then Tayammum is permissible with that dust.

NAWAQIS (BREAKERS) OF TAYAMMUM

What ever breaks Wudhu or Ghusl will also break Tayammum. Please take note that upon seeing water or having access to water will also invalidate Tayammum.

A FEW MAASAIL REGARDING TAYAMMUM

If a person is at a distance of one mile or more from the population and no water is available within a mile, then Tayammum is permissible.

If water is sold and one has no money to purchase it, then he/she may perform Tayammum, but if one has the means and can purchase water and make ablution. If no other water except Zamzam is available then Tayammum is not permissible. Bath or ablution should be performed with Zamzam.

If Tayammum is made to offer

prayer of one time, then next prayer can also be offered with it if intact.

If one offered prayer with Tayammum and water becomes available immediately after that and the time of that particular prayer has not lapsed, then repeating of that prayer with ablution is not necessary. The prayer offered with Tayammum is proper.

If water is available within one legal mile but time is short and there is risk of missing the prayer if one goes to fetch water, even then Tayammum is not allowed. One should fetch water, make ablution and offer the Salah as Kaza prayer if time for Salah has expired.

It is permissible for several persons to make Tayammum with the same clod of earth, stone one by one.

HADITH QUDSI

"O My servants, I have forbidden injustice to Myself and I have made it forbidden amongst you. So be not unjust to one another."

HEALTH & BEAUTY

HIDDEN MIRACLES OF DATES

Fresh dates were the food of Hadhrat Mariam (AS) and if there had been any other food that was better than truly she would have eaten it.

Allah states in the Qur'an, "And shake the trunk of the palm tree towards you and fresh ripe dates will drop down on you."
(Quran 19:25)

From among the many different varieties of dates that we find today, the Prophet (pbuh) mentioned a par-

ticular type – the Ajwah date. It is a type of date usually slightly smaller than other dates. The Prophet (SAW) recommended this above other dates and told us of its barakah (blessings).

The Prophet (pbuh) has said, "Whoever takes seven Ajwah dates in the morning will not be affected by magic or poison on that day."
(Bukhari)

The Prophet (pbuh) has also said, "The Ajwah date and the rock (at Bayt al Maqdis) are from Jannah."
(Al-Haakim)

Fresh dates are excellent for clean-

sing and producing new blood. It gives energy, strength and health to those suffering from fatigue and malnutrition. It prevents many diseases of the throat, heart, lungs and digestive system.

Dates contain carotene, which converts to vitamin A in the body. Dates are a good source of phosphorus, iron, vitamin B and a little of vitamin C. Dates are excellent for any disorders associated with flu and the common cold, likewise in eliminating excess phlegm and mucus from the body. To eat dates regularly promotes menstruation in women who suffer from delayed menstruation.

O MUSLIMS ARE WE TO BE BLAMED?

O Dear Muslims, if you were sincere and tread the path of the righteous,
The living among you, who didn't know the path to the straight, would have fallen in love, with Islam the real faith.
If you practiced Islam the true way, Your manners were the best in what you thought and what you say.
Just by looking at you, the unbelievers would have convert to the religion of Islam the perfect and true.
O Muslims, did we practice Islam for ourselves and our family?
Did we not care for the whole entire Ummah?
What will we say to our beloved Prophet (pbuh) on Judgment Day?
He made so much effort before he passed away.
Will he have a smile on his face for us?
Or will he be unhappy
And his face turned away from us?
And won't we feel disgrace and injustice?
O Muslims, just don't pray for yourselves and family.
Pray for the entire Ummah.

MUSLIM NAMES

Boys

Nabhan – Noble, outstanding
Nabeel – Noble
Naseer – Protector
Na'eem – Comfort, Ease, Tranquility
Nazih – Pure, Chaste

Girls

Nafeesa – Precious
Naadira – Rare, Precious
Nabeeha – Intelligent
Nazeeha – Honest
Nawaal - Gift

Upbringing of Children

How can we make our children god- fearing, practicing and well-mannered Muslims?

Firstly, we need to make a few changes in our own lives. For example, is our home environment the correct environment we would like our child to grow up in and learn from?

If the child grows up hearing his parents arguing, using foul language, constantly listening to music or watching TV, then unfortunately he will grow up enjoying these acts.

By watching TV, he will take the TV stars and singers to be his role model and he will try his utmost best to imitate them. Not to forget that what ever filth has been witnessed by his eyes, may have an accepted status in his heart. This will give him a rough outlook on his life. One of the many things this leads to is bad behavior and disrespect to elders.

On the other hand, if the words of Allah Taa'la (i.e the Qur'an) keep falling in his ears and the lives of Rasulallah (pbuh) and the Sahabah (R.A) are related to him, then he will develop good qualities and try to imitate Rasulallah (pbuh). If the home environment is not Islamic then how is a child expected to become a fine, refined and respectable Muslim servant of Allah (S.W.T)?

If we lack in Islamic knowledge and do not show our child the gems and jewels of Islam then the copper and brass of other religions and cultures will look beautiful in his eyes.

The parent is like a mirror, the reflection it gives, the child adopts. If the reflection is good, the child is good. If the reflection is bad, then the child is bad.

Remember the entire future of the child depends upon the parent's teachings, parent's training and the environment in which the parents bring up the child.

Once we have improved our home environment then we need to look at the second golden rule which is the sunnah of our beloved Prophet (pbuh). This is the key to success.

Are you wondering how to make your young child act upon the sunnah of the Prophet (pbuh) and also learn to love him? The answer is simple. In order to make our children the perfect examples of Islam, we must teach them the Sunnah of Rasulallah (pbuh) - which is the second fundamental source of Islam.

The Qur'an establishes that the sunnah of Rasulallah (pbuh) is inspired and guided by Allah.

"Nor does he say of his own desire, it is nothing but revelation that is revealed"

In another ayah of the Qur'an it is mentioned:

"Whoever obeys Rasulallah (pbuh) he indeed obeys Allah"

Our beloved Prophet (pbuh) has also emphasized the adoption of his sunnah by saying: *"That person who loves my sunnah loves me, and he will be with me in Jannah."*

May Allah guide us all to act upon the Sunnah of his beloved Prophet (pbuh), May Allah also help us improve our home environment and raise our children as pious Muslims.. Ameen.